LOCATIONS:

Maple Valley
24060 SE Kent-Kangley Rd.,
Suite D-100
Maple Valley, WA 98038
Phone: 425-433-0123
Fax: 425-433-0733

Covington
17307 SE 272nd St., #126
Covington, WA 98042
Phone: 253-639-2266
Fax: 253-639-8464

Enumclaw
1040 Stevenson Avenue, Suite A
Enumclaw, WA 98022
Phone: 360-825-7411
Fax: 360-825-7434

SERVICES OFFERED:

- Physical Therapy
- Occupational/Hand Therapy
- Massage Therapy
- Medical Nutrition Therapy
- Fitness Memberships
- Vestibular/Balance Program
- Orthotic Fabrication
- Women's Health
- Lymphedema Therapy
- Pre-Operative Program
- ASTYM

PINNACLE MEDICAL WELLNESS
PHYSICAL THERAPY NUTRITION FITNESS MASSAGE

DATE: _____ PATIENT'S NAME: _____

PHONE: _____ EMAIL: _____

DIAGNOSIS: _____ ICD-9/10: _____

☐ **PHYSICAL THERAPY** ☐ **OCCUPATIONAL / HAND THERAPY**

☐ **MEDICAL NUTRITION THERAPY** ☐ **MASSAGE THERAPY**

☐ Evaluate & Treat per Therapist Discretion

☐ Treatment: ____x/week for x____ weeks

☐ Physician Re-Check ____weeks

☐ Treatment Recommendations:

_____

_____

SPECIALTY PROGRAMS

☐ **Medical Fitness Program (Membership fees vary)**

☐ **POP (Pre-Surgical Optimization Program)**

☐ **Lifestyle Management Program (Healthy Foundations)**
16-week lifestyle, fitness and nutrition education

RECOMMENDED PROCEDURES/PRECAUTIONS/INSTRUCTIONS:

_____

_____

_____

REFERRING PROVIDER

_____ _____ _____
Name Signature Date

_____ _____
Phone Fax